

Palmetto Provides A Safe And Tranquil Treatment Environment



Our 70-acre campus is almost completely enclosed by the beautiful Lake Lafourche.

Palmetto Addiction Recovery Center • 86 Palmetto Road, Rayville, LA 71269  
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86 Palmetto Road  
Rayville, LA 71269



Summer 2013

PALMETTO  
ADDICTION RECOVERY CENTER  
NEWS

Palmetto Celebrates  
20 Years of Service

Palmetto Addiction Recovery Center in Rayville, Louisiana, celebrates its 20th Anniversary August 1, 2013. The summer of 1993 marked the beginning of one of the nation's leading treatment centers. Since the summer of 1993, Palmetto Addiction Recovery

*Continued Inside*



Standing L-R: Thurman Brown, U/R Director; Teen Mosley, Intake Director; Lori McKinney, Director of Nursing; Dr. Weiss, Medical Director; Vicki Hilbun, Business Manager; Hollye Rogers, Director of Evaluations. Seated: Darren Davis, COO.

*In This Issue:*

**Celebrating 20 Years of Service**

Palmetto looks back on two decades of helping our clients take their lives back from addiction.

**What Palmetto Means to Me**

Testimonials from our clients and staff.

**Annual Alumni Reunion Schedule**

Look inside for event information.



# CELEBRATING 20 YEARS OF SERVICE

## Palmetto Celebrates 20 Years of Service!

*Continued from Front*

Center has helped more than 10,000 people overcome addictions to alcohol, prescription drugs and illicit drugs, including those who may have coexisting psychiatric disorders. Our multidisciplinary team of professionals includes addictionologists, psychiatrists, psychologists, social workers, utilization review staff, nursing staff, counselors and therapists and an administrative staff who support the mission of Palmetto.

Since the summer of 1993, Palmetto has seen much growth in the facilities located on 70 beautiful rural acres surrounded by Lake Lafourche. This tranquil setting still promotes a safe, healing environment for treatment. The campus has recently expanded to 100 beds.

Palmetto offers a 90-day personalized treatment plan, an extensive 3-day evaluation process, 6-8 week relapse track and intensive outpatient programs in five Louisiana cities: Monroe, Lafayette, Lake Charles, Shreveport and Alexandria. The town of Rayville is home to five beautiful recovery houses.

Darren Davis has served as administrator for the past 17 years. Darren states, "The bottom line is we genuinely care about patients, our staff is second to none, our fees are less than comparable programs, and we have created an excellent environment to promote recovery. It is a privilege to celebrate 20 years of service with all the Palmetto family."

## Parting Thoughts

*"What lies behind us and what lies before us are small matters compared to what lies within us."*

~ Ralph Waldo Emerson

*"I will persist until I succeed. Always will I take another step. If that is of no avail I will take another, and yet another. In truth, one step at a time is not too difficult.... I know that small attempts, repeated, will complete any undertaking."*

~ Og Mandino

## Join Us for our 2013 Alumni Reunion & 20<sup>th</sup> Anniversary Celebration!

### Event Schedule:

#### FRIDAY, OCT. 18<sup>TH</sup>

**11:00 am**  
*Luncheon at  
Black Bear Golf Club*

**12:00 pm**  
*Golf T-Off*

**7:30 pm**  
*Meet & Greet  
Hampton Inn & Suites  
West Monroe, LA.  
Heavy H'ordeuves*

#### SATURDAY, OCT. 19<sup>TH</sup>

**10:00 am**  
*Registration at Palmetto*

**11:00 am**  
*Speaker*

**12:00 pm**  
*Lunch/Visitation/Music*

**1:30 pm**  
*Raffle/Slide Show*

**2:30 pm**  
*Speaker*

**3:30 pm**  
*Closing Remarks*

## Testimonials *What Palmetto Means to Me*



**Jerry A.**

Palmetto is much more than a job to me. I first arrived here on December 5th, 2000. My life was a shambles. I had lost my wife to cancer 3 months earlier. I was threatened with losing my children. I had been using alcohol and drugs for 24 years. I had no emotional maturity to deal with the issues I was facing. In short, I was a mess and truly at a point of surrender.

I cried out "God, please help me!", and he did. My plea was answered here at Palmetto. The staff and the community of recovering addicts and alcoholics introduced me to a new way of thinking and living. Because of this program and a God of my understanding, I have completed an education as a substance abuse counselor. When I came to work here in February of 2010, I felt that my life had come full circle. When I turned into the long driveway on that first day I felt chills travel down my spine. I feel that I am not a counselor out of choice, but out of a deep need to give back. Today, I strive to pass on to others what was given to me here over 12 years ago. This is much more than a job it is a privilege.

~ Jerry A.

This is Jess H. I am writing this to Palmetto to let the people know, that Palmetto and the staff there in my opinion are the best a person in need can get. I would recommend to any person wanting to change their life to the better, that this is the place for them. I am living proof that they can give you the tools and ability to make a change to be the person you and your family knows you can be. I am very grateful that I chose Palmetto for my treatment, I am thankful for all of the positives that I received from them. It was worth every bit of the time that I stayed with Palmetto. And guys and girls that was 90 days and I needed all 90.

Take Care and get sober,  
~ Jess H.

Palmetto is sacred ground to me because my life was forever changed after coming here for treatment. I am eternally grateful for the impact it has had on me and for the opportunity to be a part of the changes in other people's lives, as well.

Thanks,  
~ Ashby S.



**Ashby S.**